# Staying on top of ConfliCt



## the Seven a'S of ConfeSSion

**a**ddreSS everyone involved (All those whom you affected)

- **a** void if, but, and maybe (Do not try to excuse your wrongs)
- admit specifically (Both attitudes and actions)
- **a**Cknowledge the hurt (Express sorrow for hurting someone)
- **a**CCept the consequences (Such as correcting gossip)
- **a**lter your behavior (Change your attitudes and actions)
- **a**Sk for forgiveness

#### PEACEMAKER MINISTRIES

For more information on restoring relationships and resolving conflict, visit: www.peacemaker.net

### the four promiSeS of forgiveneSS

I will not dwell on this incident I will not bring this incident up and use it against you.

I will not talk to others about this incident. I will not allow this incident to stand between us or hinder our personal relationship.

#### the pauSe prinCiple of Negotiation

Prepare

 $a_{\rm ffirm\ relationships}$ 

Understand interests

Search for creative solutions evaluate options objectively and reasonably

# Four Principles of Psetangemærking

- See conflict as an opportunity to grow and serve
- Clarify and live out your highest values and beliefs
- Treat others the same way you'd like them to treat you

## **Get real about yourSelf**

take reSponSibility for your Contribution

Overlook minor offenses

- to a ConfliCt
- Check your heart for idols (desires turned into demands)
- Confess humbly and thoroughly (The Seven A's) .

**Gently Engage OtherS** help otherS See how they have Contributed to a ConfliCt

- Keep the circle as small as possible
- Listen carefully to really understand
- Offer respectful and constructive correction

# get together on laSting SolutionS

Strengthen relationShipS through genuine

reConCiliation and agreement

- Forgive others the same way you want to be forgiven (Four Promises)
- Resolve material issues by looking out for the interests of others (PAUSE)
- Get help if necessary